# NH Department of Health and Human Services Tobacco-Free At Work Policy

## Purpose

The purpose of this policy is to eliminate all tobacco use during the workday inside and outside on property owned, leased or contracted for use by the New Hampshire Department of Health and Human Services (NH-DHHS) and in state vehicles used for NH-DHHS business.

By establishing a tobacco–free workplace, NH DHHS will promote employee and client health, protect the environment and contribute to a healthier workforce.

## Scope of the Policy

- 1. The use of tobacco products (including, but not limited to, cigarettes, e-cigarettes, cigars, pipes, smokeless tobacco, and all other tobacco products) is prohibited during paid work time. Paid work time would include all breaks except for unpaid lunch breaks.
- The use of tobacco products is prohibited throughout all indoor and outdoor areas of
  property owned or under the control of NH-DHHS, including parking lots and parking
  garages owned or under the control of said agency, and in vehicles used by said agency or
  its employees whenever conducting business.
- 3. This policy applies to all employees, contractors, volunteers, clients, visitors and others at all NH-DHHS properties. Residential clients are restricted to the use of tobacco products in designated smoking areas at their respective facilities.
- **4.** NH-DHHS employees will not use tobacco products while providing services to clients regardless of location.

### **Assistance and Communication**

1. NH-DHHS is committed to providing support to all NH-DHHS employees and to employees of other agencies and branches of NH State Government who wish to stop using tobacco products. NH-DHHS is committed to ensuring that NH-DHHS employees have access to several types of assistance, including cessation medications and telephone counseling through the NH Tobacco Helpline (Helpline) and the Employee Assistance Program (EAP). Supervisors are encouraged to refer employees and other NH-DHHS personnel to the

Helpline and/or EAP, as appropriate.

- 2. NH-DHHS will identify the boundaries of its properties, post this information for public reference, and provide notice of this policy with appropriate signage, including signs at the entrances to the properties and/or other locations as needed. The agency will also utilize printed materials and other communications as needed to educate employees and all other persons using or visiting the property regarding this policy.
- 3. Tobacco product receptacles will be removed from the properties, including any ash cans near entryways.

## **Accountability**

- This policy is the shared responsibility of all personnel, out of respect for others and the
  environment. Employees are authorized and encouraged to communicate this policy with
  courtesy, respect and diplomacy. If difficulties arise with compliance, an employee should
  notify management-level staff.
- 2. All NH-DHHS employees, contractors and volunteers will be provided with basic information about the Tobacco Free at Work Policy at initial hire and/or upon request, and periodically thereafter as it is deemed to be necessary, to ensure compliance with the policy.
- 3. As with all DHHS policies, employees will be accountable for adhering to the scope of the Tobacco Free at Work Policy. Non-cooperation of any employee to abide by this policy will be cause for management/supervisor intervention and may result in corrective or disciplinary action in accordance with the New Hampshire State Personnel Rules.

#### **Action**

The New Hampshire Department of Health and Human Services is responsible for ensuring the annual review of this policy.

This policy is effective June 1, 2015.		
Nicholas A. Toumpas, Commissioner	Date Signed	